

## 6 Week Overview Plan for CSTD Theatrical & Performing Arts Syllabus

<b>Teacher:</b>	Jane Smith	<b>School:</b>	Twinkle Toes Dance	<b>Level</b>	TPA 3
<b>Date:</b>	Feb – Mar 2017	<b>Lesson Duration</b>	1 X 60 mins per week		

Learning Outcomes:- at the end of this 6 weeks students will :-

- Have an understanding of the musical *“The Wizard of Oz”* and will begin to develop character.
- Develop vocal strength
- Know what a *semibreve* is
- Work on flexibility and strength exercises
- Perform a *chassé turn*
- Perform a *glissade derrière*
- Perform a *treble*
- Begin Routines / combinations

### Resources:

- Syllabus book
- Singorama Vocal Warm Up App
- Music for various exercises

Time	Lesson Content & Resources
<b>DIALOGUE</b> 5 mins	Drama & Voice Warm Up Games Week 1 & 4 “Whoosh” Week 2 & 5 “Emotional Circle” Week 3 & 6 “Voice Warm Ups”
5 mins	Dorothy Or The Scarecrow Monologue & Characterisation Week 1 Read through monologue(s) Week 2 ,3 , 4 Experiment with the following characteristics <ul style="list-style-type: none"> <li>• How does Dorothy / Scarecrow walk?</li> <li>• How old is she / he?</li> <li>• How does she / he talk?</li> <li>• What is she/ he wearing</li> </ul> Week 5 Perform Monologue for feedback

	<p>Week 6</p> <p>Perform applying suggestions given</p>
<p><b>Singing</b></p> <p>10 Mins</p>	<p>Week 1</p> <p>Listen to selected songs and choose which one to perform</p> <p>Week 2 3 4</p> <p>Work on pitch and intonation</p>
<p><b>Jazz</b></p> <p>15 mins</p>	<p>Week 1: Jazz Warm Up</p> <p>Week 2 &amp; 3: Jazz Warm up and break down Chassé Turns</p> <p>Week 4 &amp; 5: Jazz warm up &amp; perform Chassé Turns</p> <p>Week 6: Jazz Warm up &amp; Chassé Turn combination</p>
<p><b>Classical</b></p> <p>15 Mins</p>	<p>Week 1 : Barre Exercises</p> <p>Week 2 &amp; 3 : Barre Exercises and Break down Glissade action</p> <p>Week 4 &amp; 5 : Barre exercises and perform Glissade</p> <p>Week 6: Barre Exercises , allegro warm up , Glissades</p>
<p><b>Tap</b></p> <p>10 Mins</p>	<p>Week 1 : Tap Warm up</p> <p>Week 2 &amp; 3 : Tap Warm Up and break down Treble</p> <p>Week 4 &amp; 5: Tap Warm Up and Perform Trebles</p> <p>Week 6 Tap Warm Up &amp; Treble combination</p>